



Kensington and Chelsea

Fit for Work Service

Kensington and Chelsea **Fit for Work Service** is for residents who live in the borough who are employed, but who have been signed off work due to sickness for a significant period. This is a new, free service that aims to get you the help you need so you can successfully return to work as quickly as possible. To benefit from this service you must be registered with a GP.



Central London
Community Healthcare



Kensington and Chelsea



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

In partnership with Nova New Opportunities, Open Age, and Broadway

How can the Fit for Work Service help me?

The Fit for Work Service (FFWS) is tailored to meet your needs and to help you make informed decisions about the support and treatment you may need to return to work.

It is often easier to go back to work if you can access support and/or treatment as early as possible, so with the FFWS you could receive a prompt referral for any of the following services:

- physiotherapy
- osteopathy
- counselling
- clinical exercise
- acupuncture

The FFWS will also offer you advice and support on other issues you might have which may be stopping you from returning to work, including:

- debt (or other money worries)
- housing
- employment and training

How can I access the service?

You can self refer by calling our Vocational Rehabilitation Team on **020 8962 7690**, emailing ffwskc@nhs.net or downloading a form from www.kc-pct.nhs.uk/fitforwork

Alternatively, your GP or employer may refer you, with your agreement. Our team can advise you if you are unsure whether you are eligible.

What will happen next?

Following receipt of your referral, the Vocational Rehabilitation Team will contact you by telephone with an appointment for your initial assessment (this will occur within five working days). Your case will be assessed by a Vocational Rehabilitation Case Manager. Then, together with your case manager you will develop a plan that will support you to return to work.

Where is the service located?

Fit for Work Service
Employee Health Services
3rd Floor, The Tower
St Charles Centre
for Health and Wellbeing,
Exmoor Street, London W10 6DZ

How can I find out more?

Telephone: **020 8962 7690**
Email: ffwskc@nhs.net
Visit: www.kc-pct.nhs.uk/fitforwork