

If you are finding it difficult to get a job or progress with your career and you are 50 or over, **New Futures 50 Plus** can help.

New Futures 50 Plus can offer you **FREE**:

- Career's guidance based on your needs
- Tailor-made action plans
- CV production
- Help with job search and interview skills
- Motivation and confidence building
- Computer courses



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Simply contact Open Age and make an appointment to see Mary Waterman, Employment Co-ordinator

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