



OPEN AGE – THURSDAY TRIPS



Open Age Main Office: 1 Thorpe Close, London W10 5XL Tel: 020 8964 1900



January to Easter 2012



Dear Trippers, As you can see from the programme below Nancie Bouwman, who has taken over the trips co-ordination on an interim basis, with her small team that includes Jemima Bolton, Hamilton, Marie Camara & Jean Sheppard are doing a fabulous job – on your behalf we thank them all for offering to help! Please remember they are volunteers and not paid staff. If you have any trip issues please raise them with me or Robert and not them. They do need more TRIP ESCORTS to support them in their role, so if you would like to volunteer, please contact Esther on 020 8964 1900. Enjoy your visits! Helen Leech

WANT TO GO ON A TRIP? ALL trips need to be booked in advance!

Call us on 020 8964 1900 to book please **Speak to the receptionist** who will take your booking and tell you whether there is space on the list, or add you to the waiting list!

January

- 12 The Jewish Museum
- 19 Sir John Soane Museum
- 26 Member's Meeting (see back page)

February

- 2 Tour the Royal Albert Hall
- 16 Dr Johnson's House
- 23 Member's Meeting (see back page)

March

- 1 Royal Manuscripts at British Library
- 15 Private Tour of Kensington Palace
- 29 Member's Meeting (see back page)

April

- 19 Terrace Gardens, Richmond – A personal favourite of Nancie!

All Trippers please NOTE!!!!

PLEASE THINK OF OTHERS! IF YOU FAIL TO ARRIVE, OR CANNOT ATTEND & YOU DO NOT CANCEL YOUR SPACE BEFOREHAND WITH THE MAIN OFFICE; YOU ARE STOPPING OTHER MEMBERS GOING ON TRIPS! – PLEASE THINK & CALL!

When out on a trip you are part of a group, please stay with the group at all times unless you agree with the leader what your alternative arrangements are!

Main Office Tel: 020 8964 1900



WANT TO GO ON A TRIP?

- **ALL trips need to be booked in advance!**
- **Call us on 020 8964 1900 to book, leaving your full name, telephone number, & which trip you are interested in joining**
- Members of Open Age have priority on all bookings
- Check inside this programme to see if you need to **“BOOK & PAY”**
- Let us know if you are meeting us at the venue! Especially if you use any of the 'Door to Door' transport schemes or have special needs.

- Members travelling by public transport normally meet at Thorpe Close at the “Depart Time”. Buses stopping near the office are: 7, 23, 52, 70, 228, 295, 452

BOOK AND PAY TRIPS

Certain trips have to be paid for in advance or we will not be able to reserve places.

Although you may have to cancel a booking, we regret that refunds will not be possible.

IMPORTANT - ALL TRIPPERS!

Please understand everyone takes part in these trips at their own risk!

January: THURSDAY TRIPS*****ALL TRIPS DEPART FROM THORPE CLOSE*******12th January: The Jewish Museum – Raymond Burton house, 291-131 Albert St., Camden Town, London, NW1 7NB**

Founded in 1932, the museum is a fascinating insight into Jewish culture from Roman Times to the Present Day. Set in a recently refurbished and extended town house on a quiet street the museum aims to preserve the disappearing Jewish Heritage of London's East End. Visit includes a 15 minute introductory 'armchair' talk. Visit expected to last around 2 hours Cafe & Shop

TRANSPORT: No.27 Bus from Notting Hill Gate or Chepstow Corner to Camden Town**DEPART:** 1.00pm: **ARRIVE:** 2.30pm: **COST:** £5 MINIMUM 10/**MAXIMUM: 20****19th January: Sir John Soane Museum – 13 Lincoln's Inn Fields, London, WC2A 3BP**

Self Guided Tour*: The house was built as a home and is filled with fascinating antiquities and works of art including a wonderful collection of paintings by Hogarth and some by Canaletto.

NOTE: NO cloakroom facilities, NO large bags allowed, some steps, toilets in basement**TRANSPORT:** 23 Bus to Oxford Street, No.8 to Holborn, then Short Walk**DEPART:** 12.30pm: **ARRIVE:** 2.00pm: **COST:** £3.50/£5.00 MIN.10/**MAXIMUM: 15***or download a free audiotour BEFORE arrival from their website they are NOT available at the museum!**February: THURSDAY TRIPS*******ALL TRIPS DEPART FROM THORPE CLOSE*******2nd February: Tour of the Royal Albert Hall Kensington Gore, London SW7 2AP**

An hours guided tour of the 'front of house' of this famous venue, including access to the Royal Family's private suite and Royal Retiring Room. You will learn about the Hall's history, architecture, royal patronage and how it now runs 360 events a year! Tea or Coffee & Biscuits included

NOTE: If you have mobility problems please state when booking, thank-you.**TRANSPORT:** 52 or 452 bus from Ladbroke Grove.**DEPART:** 1.00pm: **ARRIVE:** 2.00pm: **COST:** £8.50 **Pay on booking** **MAXIMUM 15****16th February: Dr Johnson's House – 17 Gough Square, London, EC4A 3DE**

A quiet oasis in the heart of the City, on arrival you will be given a ten minute introductory talk about this 300 year old house, and can then sit in Dr Johnson's Parlour, relax in the Withdrawing Room, see the books in his Library and mull over his great dictionary in the Garret.

NOTE: There are many unavoidable steps in the house**TRANSPORT:** No.23 Bus to Fleet Street & Short Walk to House**DEPART:** 12.15pm: **ARRIVE:** 2.00pm: **COST:** £3.50. MINIMUM: 10 /**MAXIMUM 20**

March: THURSDAY TRIPS

*****ALL TRIPS DEPART FROM THORPE CLOSE*****

1st March: Royal Manuscripts, The British Library – 96 Euston Road, London, NW1 2DB
Early booking required! Royal Manuscripts: The Genius of Illumination is a treasure trove of manuscripts dating from 9th to 16th Centuries and collected by King's and Queen's of England. Some of the best examples of royal, decorative and figurative painting surviving in Britain today! Each manuscript is a work of art in its own right and this is a self guided tour around the exhibition

TRANSPORT: Underground Ladbroke Grove to King's Cross St Pancras, short walk

DEPART: 1.00pm: **ARRIVE:** 2.00pm: **COST:** £6.50 **Pay on Booking** MIN: 10/**MAX: 15**

15th March: Private Tour: Kensington Palace – Kensington Gardens, London, W8 4PX

Be one of the first to visit this newly refurbished Historic Royal Palace (before the general public are allowed in!). Hear the stories from the guides on hand to enliven the experience, and discover more about Queen Victoria through the rooms where she was born, and her love for Albert through historic artefacts. Shop & Cafe

NOTE: Variety of groups going on this day, **ONLY book HERE for General Trips Group List!**

TRANSPORT: Bus 52 or 452 to Palace Gardens. Walk to Kensington palace.

DEPART: 10.15am: **ARRIVE:** 11.00am: **COST:** FREE **MAXIMUM: None**

April: THURSDAY TRIPS

*****ALL TRIPS DEPART FROM THORPE CLOSE*****

19th April: Terrace Gardens, Richmond – Petersham Road, London, TW10 6UX 1AY

Newly refurbished, very colourful gardens, near the river, with a nice cafe serving good food which has lovely views! Try an easy short walk along the river if you want, although there are 20 yards of steep hill to navigate. "A fabulous place to visit, and one of my favourites!" says Nancie the trips coordinator!

NOTE: On walk some rough and steep ground. If wet visit Richmond Museum instead!

TRANSPORT: 65 Bus to Hammersmith, Underground to Richmond Station, Short Walk

DEPART: 12.30pm: **ARRIVE:** 2.00pm: **COST:** FREE **MAXIMUM: 15**

WE NEED SOME MORE VOLUNTEER GROUP ESCORTS FOR THURSDAY TRIPS!

We welcome enquiries from members who would like to volunteer to go with our Thursday Trips as group escorts. It can be great fun & you get to go on as many trips as you like! Out of pocket expenses for fares & entry fees are paid.

**If you would like to be considered as a Trip Escort please contact
Esther in the main office at Thorpe Close for more information
on 020 8964 1900**



OPEN AGE Members' Meeting & Social

All Welcome!

Last Thursday of the Month: 2.00 pm - 4.00 pm

Thomas Darby Court, 133 Lancaster Road W11

(off Ladbroke Grove – buses: 7, 23, 70, 52, 228, 295, 452)



Quizzes, raffles, singing, games, information and debates as our resident staff member Catherine tries to keep order!

If you have a gripe come and air it; if you have a joke – come and share it!

Fun, friendly and welcoming meetings!

First Meeting Month of any quarterly programme is a Social Special when we bring edible contributions and wine is provided for £1

GUEST SPEAKERS ON VARIETY OF TOPICS!

Thu 26th January: **SOCIAL SPECIAL with wine, bring tasty nibbles! £1**

Thu 23rd February: **Falls Prevention and safety at home* with Ronan**

Thu 29th March: **Remember when...* Talk from Age Concern about memory**

Keep up to date with Open Age and beyond

***PLEASE BRING A CONTRIBUTION TO THE RAFFLE PRIZES! Cost £0.50 for Raffle**

OPEN AGE W9 Social

All Welcome!

1st Wednesday of most Months: 2.00 pm – 4.00 pm

Rayne House, 170 Delaware Road, W9

(buses nearby on Shirland Road: 6, 187, 414)



All welcome, fun afternoon, guest speakers, raffle & refreshments. £2

GUEST SPEAKERS ON VARIETY OF TOPICS!

Wed 11th January: **Who wants to be a millionaire? Interactive brain teaser team game run by Maureen**

Wed 1st February: **Maritime History, stories of the sea from Thomas an enthusiast on the subject**

Wed 7th March: **Supporting People with Dementia, Talk from our in-house expert Lauraine**

PLEASE BRING A CONTRIBUTION TO THE RAFFLE PRIZES!