

ACTIVITIES TIMETABLE

TERM 4, 2009

COURSE	DAY	TIME	START	LOCATION	PRICE
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NORTH

French for Beginners	Mon	9:45am-11:45am	29/06/09	Leonora Club	£1/hour
Tai Chi	Tues	10:00am-11:00am	30/06/09	Penfold	£1/hour
All Our Histories 1950s-1960s	Tues	10:30am-12:30pm	29/06/09	Rayne House	£1/hour
French – Intermediate Level	Tues	11:15am-1:15pm	07/07/09	Penfold	£1/hour
Ballroom & Latin Dance	Tues	1:15pm-2:15pm	30/06/09	Leonora Club	£1/hour
Art for All	Wed	11:00am-1:00pm	30/06/09	Hardy House	£1/hour
Internet & Email for Beginners	Wed	2:00pm-4:00pm	02/06/09	St John's Wood Library	£1/hour
Yoga Lates	Wed	3:00pm-4:30pm	15/07/09	Leonora Club	£1/hour
Internet & Email for Beginners	Wed	4:00pm-6:00pm	08/07/09	St John's Wood Library	£1/hour
Singing for All	Thurs	10:00am-12noon	02/07/09	Ernest Harris House	£1/hour
Chair Exercise	Thurs	11:30am-12:30pm	02/07/09	Barbara Brosnan Court	£1/hour
Chair Exercise	Fri	10:30am-11:30am	03/07/09	Mary Seacole House	£1/hour
Gentle Yoga-Lates (FP1009WI)	Fri	2:30pm-3:30pm	17/07/09	WCIL	£8
Basic Skills Computer Course	Sat	10:00am-12noon	04/07/09	Westminster Academy	£1/hour

SOUTH

Tai Chi for Beginners	Tues	1:00pm-2:00pm	30/06/09	Dryburgh Hall	£1/hour
Intermediate Computer Course	Tues	10:00am-12noon	30/06/09	Open Age Hub	£1/hour
Yoga	Thurs	10:30am-12:30pm	02/07/09	Open Age Hub	£1/hour
Line Dancing	Thurs	12:45pm-1:45pm	02/07/09	Open Age Hub	£1/hour
Internet & Email for Beginners	Fri	10:00am-12noon	31/07/09	Victoria Library	£1/hour

CENTRAL

Internet & Email for Beginners	Mon	10:00am-12noon	27/07/09	Marylebone Library	£1/hour
Creative Art	Tues	10:00am-12noon	30/06/09	Covent Garden Club	£1/hour
Bridge for All Levels	Tues	10:00am-12:00pm	30/06/09	Covent Garden Club	£1/hour
Internet & Email for Beginners	Tues	1:00pm-3:00pm	30/06/09	Covent Garden Club	£1/hour
Internet & Email for Beginners	Thurs	10:00am-12noon	30/07/09	Paddington Library	£1/hour
Gentle Exercise	Fri	11:30am-12:30pm	17/07/09	Marylebone Health Centre	£1/hour

To enrol or find out more about the above classes please contact the organisation directly:

Westminster Adult Education Service:
020 7297 7297

Age Concern Westminster:
020 7724 6930

Open Age:
020 8964 1900

We strongly advise that you contact the organisation directly on the above classes before attending .